



ANNUAL REPORT



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Dear Friends,

Thank you for your support of Baptist Health Foundation Lexington in 2022. Through my role as president, I have gained a sense of the deep dedication and immense care that you have for your community, our community.

Through gifts received last year, you made it possible for us to fund several projects, ranging from the purchase of two inpatient beds for labor and delivery, to updating telemetry units that assist patients under constant electronic monitoring. These projects allow us to meet the specific needs of individuals and families within our community to ensure that we are providing them with high-quality healthcare in their own backyard.

During the last year, Baptist Health Lexington has made strides to maximize the impact of your donated dollars through tireless efforts to meet the needs of our community. The purchase of perinatal bereavement casting kits provides mementos to support grieving families following the loss of an infant. Additional EchoNous bladder and vein stations enable providers to obtain ultrasound imaging, meeting patient needs from their bedside. Our organization also provided assistance for our employees and patients undergoing extreme hardship.

My goal as the president of Baptist Health Lexington is straightforward: I want us to grow. As we reflect on the achievements of our hospital and our Foundation, the potential that we have for continued growth and development is evident. As an organization, we aim to continue the heritage of service and leadership while fostering partnerships to further enhance the quality of medical care and overall patient experience available within our community.

As we work to cultivate new relationships with regional partners, our most important relationship is with you. Through this report, we want to offer you a transparent look into the work that we are doing to best serve those who rely on us for their employment and to maintain their health. We recognize the importance of every donor who chooses to support our Foundation. We've seen how far a dollar can go to make a difference in the lives of our friends, neighbors, colleagues and family members. It is through the selflessness of those with a heart for giving that we are able to provide better and more innovative care to our region.

I am grateful for the generosity and support of those who are helping us to inspire hope and drive health for future generations. I invite those who are just learning about what we are doing to be a part of the change we are having on the lives of those within our community. Together, we are a force for good.

In gratitude,




CHRIS ROTY
President
Baptist Health
Lexington




LORI MATTHEWS
Foundation Executive
Baptist Health
Foundation Lexington

MISSION

Baptist Health demonstrates the love of Christ by providing and coordinating care and improving health in our communities.

VISION

Baptist Health will lead in clinical excellence, compassionate care and growth to meet the needs of our patients.

VALUES

Baptist Health will live out its Christ-centered mission and achieve its vision guided by Integrity, Respect, Excellence, Collaboration, Compassion and Joy.



**BAPTIST HEALTH
LEXINGTON**

U.S. News Ranked Hospital

160,341
Approximate number of
patients seen annually

THE LEAPFROGGROUP

"A" Rating for
Hospital Safety



2022 Healthgrades™ Awards

Outstanding Patient Experience, Excellence in
Vascular Surgery, Gastrointestinal Care and Critical Care.

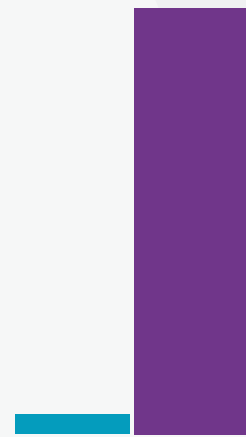
2022 FUNDED PROJECTS

- Employee support
 - More than 50 employees assisted
 - \$47,004 disbursed
- Staff education
 - \$9,999 disbursed
- Patient assistance
 - \$6,812 disbursed
- Emergency assistance
 - \$13,205 disbursed
- EchoNous Vein probe
- Sonosite PX ultrasound system
- Heart & Valve Center renovation
- Labor and delivery inpatient beds
- Casting Keepsakes for perinatal bereavement department
- i-STAT 1 Wireless Analyzer
- Cardinal Health Cryostat diagnostic instrument
- Two EchoNous Bladder and Vein stations
- Telemetry pediatric unit updates
- Telemetry unit updates
- 21 bassinets for Mother & Baby Care



Mother & Baby Care staff with new bassinets made possible by generous donors.

GIFT SUMMARY



UNRESTRICTED VS. RESTRICTED GIFTS

Unrestricted Gifts:	\$195,894
Restricted Gifts:	\$4,262,868
Grand Total:	\$4,458,762

UNRESTRICTED GIFTS

\$195,894 Mission Advancement



Cancer Services
\$35,682



Dr. John R. Barton Women and Children's Fund
\$74,264

Employee Support
\$33,342

RESTRICTED GIFTS



William G. Sisson Memorial Cancer Fund
\$43,560



Patient Assistance
\$133,305



Baptist Health Hamburg
\$3,815,403



Nursing Excellence Fund
\$20,560

Not all restricted gifts are listed above.



President's Circle members Dr. Mark and Mary Spanier and JD and Jennifer Borders at December's President Circle event at Base 249.

PRESIDENT'S CIRCLE

Working Together - Every Member, Every Year - The Possibilities are Endless. Established in 2019, the President's Circle is comprised of our closest circle of friends, individuals who share an interest in local healthcare and provide annual philanthropic support. The President's Circle is Baptist Health Foundation Lexington's most prestigious annual recognition society with members who contribute \$1,000 to \$10,000 each year. Throughout the year, members are invited to attend special events where they meet physicians and hospital leaders, and network with other philanthropy focused individuals to learn about specific health issues, service line enhancements and available treatments. In 2022, the President's Circle received support from 189 household members.

PLANNED GIVING

Your contribution can provide many solutions.

Leaving a legacy with Baptist Health Lexington ensures we can continue to advance healthcare in our community for generations to come by helping us to improve the medical care we provide. When we know about your intentions, we can explore your gift opportunity and amplify the impact it can make. Planned gifts are truly the gifts that keep on giving and provide hope, ensure access, and allow us to meet the highest level of care for our patients now, and for years to come.

THE LEGACY SOCIETY

BAPTIST HEALTH FOUNDATION LEXINGTON

“ Our vision for our gift is that it will impact Baptist Health Lexington by providing its nurses with the latest training, which in turn translates to better care for the patients and the community. This is what we wanted. We wanted to help other people who may be going through a similar life experience like Steven and I went through, and to continue the remarkable level of care that you receive at Baptist Health Lexington. ”

– Steven and Lisa Frey





2,042

Patients treated, approximate

12,043

Chemotherapy treatments

14,621

Radiation therapy treatments

ONCOLOGY SERVICES

RELIABLE CARE YOU CAN COUNT ON

William Bridges was born at Baptist Health, as were his children, grandchildren, and even his newborn great-grandchild.

Baptist Health Lexington has long been a reliable presence during joyful times in his family, but also during challenging times, like Bridges' cancer diagnosis.

"I would like to express sincere appreciation for the entire staff for making a somewhat difficult situation a very positive experience," says Bridges, who recently underwent five rounds of CyberKnife® treatment at Baptist Health Lexington. This robotic approach to radiation therapy successfully treated his cancer without debilitating side effects – and for that, he is grateful.

"They took a very negative situation and turned it into what I thought was a very positive experience, and I'm just tickled to death to be able to share my story," he says.

Facing cancer was scary, but Bridges immediately felt at ease upon arriving for his first treatment. The Baptist Health Lexington staff was warm and compassionate, he says, and his weekly treatments were efficient. "I mean, one day I was not there 15 minutes. It's just kind of amazing to not have to wait in the waiting room, to get a treatment of that nature, and then be out of there in 15 minutes!"

“They took a negative situation and made it a very positive experience.”

– William Bridges, grateful patient



“The genuine, transparent approach I encountered at Baptist Health allowed me to begin living again and set the new standard for customer service that I am upholding in my personal business.”

– John O'Callaghan, grateful patient



CARDIOLOGY SERVICES

SETTING THE NEW STANDARD FOR CUSTOMER SERVICE

It is often said that you spend most of your life trying to find the one. For many people, this is a spouse or a child. In the case of John O'Callaghan, the one came in the form of a physician. As a relatively healthy and active 54 year old, he was thrown for a loop when he developed persistent atrial fibrillation (AFib).

When John came to Baptist Health Lexington and Gery Tomassoni, MD, he had tried blood thinners, continuous positive airway pressure (CPAP) and cardioversions. He had been searching for the right fit and for a physician that wouldn't just go by the book, but who would listen to what he wanted as his course of treatment. Dr. Tomassoni was the right doctor for him. He helped John to get out of hospitals and get back to living his life with his wife and children and ensuring he could continue to run his business.

This patient-focused treatment allowed him to have the procedure he desired without having to have multiple others to get there. The genuine, transparent approach he encountered at Baptist Health Lexington allowed him to begin living again and set the new standard for customer service that he now upholds in his personal business.



403

Open-heart surgeries

1,497

Heart catheterizations performed

114

Transcatheter aortic valve replacement (TAVR) procedures, without a Watchman™ device

124

Watchman™ devices placed



MOTHER AND BABY CARE

3,879

Babies born at Baptist Health Lexington in 2022

482

Babies served in the NICU

46

NICU transports

GRATEFUL FOR ‘CALM IN THE CHAOS’

There’s a beautiful term for a baby born following a miscarriage – a rainbow baby. It’s a reference grateful mom Danon Ditto uses often in recounting her experience at Baptist Health Lexington, where she delivered her rainbow baby in 2020.

“As with any new baby, emotions were high, but our biggest emotion was full of gratitude for the team of doctors and nurses that brought our sweet baby boy into this world,” said Danon, who gave birth via cesarean section following a long labor.

It was a difficult delivery and Danon is thankful her OB/GYN, Sarah Borders, MD, was there to help her every step of the way.

“When I think of a person I am grateful for, she is at the top of the list! She helped us through our miscarriage, navigating getting pregnant again, delivering our rainbow baby, and delivered our baby girl,” said Danon, a proud mom of two.

“Dr. Borders has been reliable, patient and reassuring, ‘calm in the chaos,’” according to Danon. “She was encouraging when I was heartbroken. She was helpful when I was confused,” she said. “Our experience at Baptist Health Lexington has been top-notch, and we would highly recommend it to anyone. Our hearts are full of gratitude for all the doctors and nurses that we have encountered during our time at Baptist Health.”

“**Dr. Borders has been reliable, patient and reassuring, ‘calm in the chaos.’**”

– Danon Ditto, grateful patient



ORTHOPEDECS

BOUNCING BACK WITH CONSISTENT HEALING AND CONSISTENT THERAPY

Mike Bastin was first introduced to Baptist Health Lexington’s Janak Talwalkar, MD, when he had a torn meniscus. Dr. Talwalkar, an orthopedic surgeon, resolved the issue, but worsening pain and swelling led to corticosteroid injections in his knee. As the pain progressed, Mike had X-rays taken of his knee, resulting in a diagnosis of bone-on-bone arthritis and a suggestion for a full knee replacement.

“I knew it needed to be done but I put it off for a while – or I put it off until I couldn’t,” said Mike. “One day I was moving around when suddenly my joints locked up and my leg was stiff and unable to bend or move. I knew it was time to do something about it.”

Mike took the plunge and scheduled surgery for a total knee replacement on his left leg. Despite living 45 minutes from Baptist Health Lexington, Mike said he knew he wanted Dr. Talwalkar to take care of him.

“I have known several people who have received care from Dr. Talwalkar and I knew he was the man for the job. The office is efficiently run, and I never had to wait for my appointments. I was in good hands,” he said. “I couldn’t give them anything but an A-plus.”

The surgery was a success and he was able to go home the same day and begin therapy shortly thereafter.

“I pushed myself hard – so hard that I contacted Dr. Talwalkar to see if I needed to rein it in,” he said. “Dr. Talwalkar told me, ‘You do all you want to do, I’ll be your biggest cheerleader.’”

Two weeks later, Mike climbed on his stationary bike and, with grit and determination, began to pedal. He credits the quick recovery – the fastest Dr. Talwalkar has witnessed – to consistent healing and consistent therapy.

Mike impressed his physician and himself with his ability to bounce back at such a rapid rate. He is now back to being as active as ever with no restrictions on his physical ability.

“I have had many surgeries throughout my life but I have never gone into an operating room feeling as at peace as I did the morning of my knee replacement,” Mike said. “Dr. Talwalkar had come into my room once I had been prepared for surgery to check and make sure I was doing OK. He asked if we could pray, and that put me at ease. We prayed to the Great Physician together, and I believe that is why things went as smoothly as they did.”



2,911

Patients treated, approximate

2,259

Total outpatient procedures performed

115

Total robotic orthopedic surgeries performed



Mike Bastin, grateful patient



BAPTIST HEALTH HAMBURG

A NEW ERA OF INNOVATION

The Baptist Health Hamburg development is the largest and most ambitious healthcare project in central and eastern Kentucky in the past 25 years.

When ground was broken at Baptist Health Hamburg in November 2020, the world was weathering the storm of the COVID-19 pandemic. As we managed the challenges of the pandemic, this new campus was part of our commitment to improving the health of the communities we serve.

Hamburg will be a major outpatient surgery and medical campus. The project includes an emergency department, an outpatient surgery center, a cancer center, diagnostic services, including breast imaging, and medical office space.

As construction continues, Baptist Health Hamburg is a sign of hope for the future. It's about putting our patients first, always. It's about extending what makes Baptist Health unique, and that's its people.

Project Vision:

- Provide convenient healthcare access for eastern and central Kentuckians, reducing stress and travel times.
- Create a nonhospital-like environment that can deliver high-quality care and a customized patient experience.
- Strive for green building, sustainability and energy efficiency.
- Ensure maximum flexibility for future growth through site infrastructure, as well as building design and construction. All buildings are designed to accommodate future expansion both vertically and horizontally.
- Provide the highest quality of patient-centered clinical services available anywhere.

“Baptist Health Lexington was founded on the support of the community, which has helped us build a foundation of compassionate care and clinical excellence. We’re excited to carry it forward and make healthcare more accessible to the communities we serve.”

– Chris Roty, President



Baptist Health Lexington President Chris Roty, Commonwealth Credit Union President Karen Harbin, and Baptist Health Chief Operating Officer Patrick Falvey attend a hardhat tour to see construction progress at Baptist Health Hamburg.

HISTORIC PHILANTHROPIC GIFT INVESTS IN EXPANSION TO HAMBURG COMMUNITY

When Baptist Health Hamburg opens in 2024, it will accelerate progress, enhance the patient experience, and bring a new dawn to innovation, access and preventive care all within this community. Thanks to a historic philanthropic donation provided by Commonwealth Credit Union, the largest donation received in the hospital's history, thousands of patients will receive more convenient care through expanded outpatient services for cancer, heart care, breast imaging and diagnostics, emergency care, orthopedics and surgery.

“Commonwealth Credit Union’s generous gift is an investment in the future of healthcare, and the future of central Kentucky. Through this strong demonstration of support, Baptist Health and Commonwealth Credit Union continue to honor their shared legacies of care and ongoing commitment to the growth and improved health of this community,” says Baptist Health Lexington President Chris Roty.

Additional community partners, including Beaumont Family Dentistry, have invested in the effort to bring Baptist Health Lexington to the forefront of healthcare.

“As someone who has raised a family here, I understand the importance of access to care,” said Trish Takacs, DMD, Baptist Health Foundation Lexington campaign committee chair. “It is important to invest in the growth of local healthcare. The support we are helping to provide extends beyond current patients and will benefit our friends, family and community for generations to come.”

Baptist Health Hamburg is a \$1 billion medical campus under construction along the Interstate 64 and Interstate 75 corridor on Lexington’s northeast side. Through multiple phases, this project includes a multistory hospital and emergency department, an outpatient surgery center, and other retail and medical office buildings. Phase 1 of Baptist Health Hamburg is anticipated to open in spring 2024 with an outpatient facility.



Baptist Health Foundation Lexington team, board members and community leaders, including Mayor Linda Gorton, gathered on June 21, 2022, to celebrate the placing of the commemorative last beam at Baptist Health Hamburg.



PATIENT ASSISTANCE AND EMPLOYEE SUPPORT



PATIENT ASSISTANCE

The Patient Assistance Fund was established at Baptist Health Lexington to provide assistance with transportation, medication, and other medical-related items that may be a barrier to care.

\$133,305
donated in 2022

EMPLOYEE SUPPORT

The Employee Support Fund was established at Baptist Health Lexington to provide financial assistance to employees who are experiencing times of hardship, ranging from house fires or a spouse's job loss, to unforeseen medical expenses.

\$33,342
donated in 2022

WAYS TO GIVE SUPPORT A CARE AREA

You may choose for your gift to benefit a specific care area or fund. Funds include:

- Mission Advancement Fund
- Dr. John R. Barton Women and Children's Fund
- Oncology Fund
- Cardiac Services Fund
- William G. Sisson Memorial Cancer Fund
- Orthopedics Fund
- Baptist Health Hamburg Fund
- Patient Assistance Fund
- Employee Support Fund
- Nursing Excellence Fund
- Neuroscience Fund

TRIBUTE GIFTS

Make a gift to any care area in honor or memory of a loved one, or in gratitude for a caregiver who provided exceptional care to you or a loved one.



The William G. Sisson Memorial Cancer Fund was established in 2022 to honor longtime Baptist Health Lexington President Bill Sisson. During his 42 years with Baptist Health, Sisson was instrumental in the development of healthcare and elevation of the patient experience. Donations to this fund support the advancement of cancer services at Baptist Health Lexington.



Mike Sheets, Taylor McDonald, Lee Sheets, Lori Matthews and Chris Roty.

PRACTICING GRATITUDE FOR BETTER HEALTH & WELL-BEING

UNPACKING THE POWER OF GRATITUDE

Project Gratitude is a collaboration between Baptist Health Foundation Lexington and the community to better understand the role gratitude can or should play in our culture and in a person's health journey. This project explores gratitude from the perspective of patients, a patient's family, care providers and their loved ones, community members and community leaders.

The outcome of this project may educate us on the science of gratitude, connect us through meaningful personal stories and insights, prepare us to act upon our gratitude, and may create new relationships or new ways of seeing the world around us.

GRATEFUL FOR GRACE, STRENGTH AND COMPASSIONATE CARE

When an oncologist first uttered the word cancer to Angela Simmons, she tapped into her faith to find strength. "I said, 'alright God, it's me, you and the doctor.'"

It turns out a full team of doctors, nurses and other staff at Baptist Health Lexington would care for Angela throughout her cancer treatment.

"I had a wonderful team. God really blessed me with caring people, I cannot pinpoint just one," says Angela. "I am grateful for my doctors and other staff."

Months of chemotherapy were difficult and at times debilitating, Angela says, but the warmth and compassion shown by healthcare providers helped ease the burden. "During and after my chemo, if anything hurt or felt unusual, I knew I could call and they would always get back to me, usually in an hour or two. It showed me they cared. You don't normally get doctors who reach out within an hour or two. God really blessed me with those people. God built my team."



Angela is grateful for the strength she exhibited during these trying times. "I just cannot put it into words. It was a beautiful experience, even though I had to go through it," she says. "I truly believe God gave me the strength to go through it gracefully."

"I had a wonderful team. God really blessed me with caring people, I cannot pinpoint just one."

– Angela Simmons, grateful patient

SHARE YOUR GRATITUDE

Share your insights on gratitude or honor an individual who's made a difference in your life.

projectgratitude.com

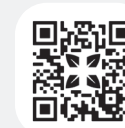


WHEN THANK YOU ISN'T QUITE ENOUGH

Have you ever had a caregiver who made you feel like more than just a patient? Maybe they held your hand while you heard difficult news or joyfully celebrated with you as you held your newborn child.

With the introduction of our Honor a Caregiver program, you can celebrate the men and women who have impacted your life beyond treatment and express your gratitude for receiving extraordinary care. When you make a monetary contribution in the name of a caregiver who has touched your life, they will receive recognition and special mementos to commemorate the exceptional care they work to provide.

TO MAKE A GIFT OR TELL US YOUR STORY, SCAN THE QR CODE.



NURSING EXCELLENCE FUND

Nurses are at the center of our healthcare experience. Time and time again, nurses serve as an example of compassion, collaboration and joy, by caring and advocating for patients and their loved ones. The Fund for Nursing Excellence supports our nurses by providing funding for education, research and equipment. In turn, they can deliver innovative healthcare to all of us.

"As a nurse leader, I appreciate philanthropy in the support of nursing at Baptist Health Lexington. The community recognizes the professionalism, compassion and competence our nurses reflect every day in their care of others."

– Dee Beckman, Chief Nursing Officer, Baptist Health Lexington



"The word cancer often brings up several different emotions. Nerves, fear, anxiety – I was experiencing it all. My team of physicians seemed to grasp this and their advice and support helped to put my mind at ease. The team involved in my treatment was kind, gave excellent care, and above all, genuinely cared about getting me back to full health for myself and my family. In my opinion, Baptist Health has it all, and I could not have had better care than what they gave me."

– Kathy Fraley, grateful patient





“Baptist Health Foundation Lexington is committed to improving the health of our community. Through projects like the new campus at Hamburg, our neighbors, friends and family will have greater access to life-changing care. To partner with doctors, nurses, administrators and staff who put their patients first is a rewarding experience, for which I am grateful.”

— Lee Carter, Board Chairman
Baptist Health Foundation Lexington



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2022